



LADY ADDISON

HYPNOSIS QUESTIONNAIRE

Please complete in full and send to Lady Addison

Answer every question truthfully. Even small details you might think irrelevant can sometimes be decisive. Only when I know as much about you as possible can I create a hypnosis session that is truly fulfilling for you. All information naturally stays confidential with me and is never shared with third parties.

01 PERSONAL DETAILS

Name or pseudonym

Age

What name should I use to address you during the hypnosis?

In which language should the hypnosis take place?

☐ German

☐ English

02 EXPERIENCE WITH HYPNOSIS

Do you already have experience with hypnosis?

☐ Yes

☐ No

If yes, which kind:

☐ Therapeutic hypnosis

☐ Erotic hypnosis

☐ other

If yes, when and how were your experiences? If known, with which technique?



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03 EXPERIENCE WITH RELAXATION TECHNIQUES

Do you already practise relaxation exercises, or have experience with therapy or coaching methods?

☐ Yes ☐ No

If yes, which:

☐ Meditation ☐ Autogenic training ☐ Yoga
☐ Mental training ☐ NLP ☐ other

If other, which technique?

04 HEALTH

Do you currently have any physical complaints?

☐ Yes ☐ No

If yes, which (e.g. allergies, high/low blood pressure, asthma, sleep disorders, epilepsy, etc.)?

Are you currently taking any medication?

☐ Yes ☐ No

If yes, which, and how well do you tolerate them? Any side effects?

Do you have any psychological or emotional issues or addictions?

☐ Yes ☐ No

If yes, which (e.g. worries, depression/burnout, psychosis, phobias, alcohol, drugs, etc.)?

Have you ever attended psychotherapy for a particular issue?

☐ Yes ☐ No



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If yes, which, and with what outcome?

Are you currently under stress?

☐ no stress ☐ some stress ☐ a lot of stress ☐ high stress

05 FANTASIES AND LIMITS

Which BDSM inclinations, interests and fetishes do you have? Which erotic fantasies and desires?

How long have you had these ideas and desires, and how do they show up for you?

Are there people around you who influence this (partner, friends, family, etc.)?

☐ Yes ☐ No

If yes, in what way does this person influence it?

Which taboos do you have in connection with BDSM and eroticism?

Is there any other information I should know before the hypnosis?

Is there anything I should pay special attention to or absolutely avoid during the hypnosis?



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06 YOUR HYPNOSIS

What would you like to book?

- ☐ Online hypnosis cam/cam, approx. 1 hour, CHF 300.–
- ☐ Live hypnosis in person at the studio
- ☐ Custom hypnosis "Gold" (mp3 file)
- ☐ Custom hypnosis "Silver" (mp3 file)

Your desired theme for the hypnosis:

For the online cam/cam hypnosis only: which channel should we use to see each other?

- ☐ Telegram
- ☐ WhatsApp
- ☐ Signal
- ☐ Teams-Skype
- ☐ FaceTime

Your handle, number or email address for this

Your preferred dates for the online or live hypnosis:

1st preferred date Date at hrs

2nd preferred date Date at hrs

3rd preferred date Date at hrs

HOW TO SEND ME THE QUESTIONNAIRE

Save the completed PDF on your device and send it to me via whichever channel you prefer: Email luxaddison@gmail.com , Telegram [@ladyaddison](https://www.instagram.com/ladyaddison) , Threema [JWXPXVDP](https://www.threema.ch/jwpxvdp) or Signal [@ladyaddison.30](https://www.signal.me/@ladyaddison.30) .
I'll get back to you promptly with a booking confirmation and payment details.